

My Escentia



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NATURAL MEDICINE

PEPPERMINT LEAVES 60G POWDERED

Peppermint leaves are a refreshing, aromatic herb widely used in herbal medicine, skincare, and culinary recipes. They are rich in menthol, antioxidants, and essential oils that support both health and wellness.

[Read More](#)

SKU: N/A

Price: R80,00

Peppermint Leaves
Benefits & Uses

BENEFITS OF PEPPERMINT	COMMON USES OF PEPPERMINT
Aids Digestion	Peppermint Tea
Relieves Headaches	Essential Oil
Soothes Sore Throat	Minty Inhaler
Reduces Stress	Topical Balms
Freshens Breath	Natural Antiseptic

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My Escentia



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