

My Escentia



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NATURAL MEDICINE

Herbal Tea Blend for Osteoarthritis Support

Traditionally used to support joint health and may help relieve mild joint discomfort and stiffness associated with osteoarthritis.

This product is not intended to cure or reverse osteoarthritis.

INGREDIENTS

 30 g Devil's Claw Root (Harpagophytum procumbens)	 25 g Nettle Leaf (Urtica dioica)	 20 g Turmeric Root (Curcuma longa)	 15 g Ginger Root (Zingiber officinale)	 10 g Rosehips (Rosa canina)
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Mix all the herbs thoroughly and store in an airtight container away from heat, light, and moisture.

DIRECTIONS FOR USE

- Add 2 teaspoons (approximately 2-3 g) of the herbal blend to 250 ml of freshly boiled water.
- Cover and steep for 10-15 minutes.
- Strain and drink 2 cups daily.

BENEFITS

- Traditionally used to support joint health.
- May help relieve mild joint discomfort and stiffness.
- Supports healthy mobility.
- Provides natural antioxidants to support overall wellbeing.

IMPORTANT INFORMATION


Do not use if you are pregnant or breastfeeding.


Consult your healthcare professional before use if you are taking blood thinners, diabetes medication, medication for high blood pressure, or any other prescription medicines.


Discontinue use if you experience an allergic reaction.


Store in a cool, dry place out of reach of children.


Avoid using Devil's Claw if you have stomach ulcers.

➤➤ Nature's wisdom to support your joints and keep you moving. ➤➤

OSTEOARTHRITIS HERBAL TEA BLEND

A traditional herbal tea blend containing Devil's Claw, Nettle, Turmeric, Ginger and Rosehips, formulated to support joint health, comfortable mobility and general wellbeing.

[Read More](#)

SKU: N/A

Price: R96,00



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