My Escentia



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DRIED HERBS



MARSHMALLOW ROOT DRIED 100G

Premium dried Marshmallow Root (*Althaea officinalis*) is a versatile botanical herb traditionally used in herbal teas, tinctures, and natural skincare. Rich in natural mucilage, it is valued for its soothing properties and is ideal for DIY herbal remedies, cosmetic formulations, and wellness applications.

Read More
SKU: N/A
Price: R68,00



HERBS



MARSHMALLOW ROOT DRIED 100G

Premium dried Marshmallow Root (*Althaea officinalis*) is a versatile botanical herb traditionally used in herbal teas, tinctures, and natural skincare. Rich in natural mucilage, it is valued for its soothing properties and is ideal for DIY herbal remedies, cosmetic formulations, and wellness applications.

Read More
SKU: N/A
Price: R68,00



KITS

DIY Kits



WOMENS WELLNESS TINCTURE KIT

Make your own Women's Wellness herbal tincture at home with this complete DIY kit. Includes pre-measured Yarrow and Nettle, food-grade undenatured alcohol, glass maceration jar, amber dropper bottle and easy step-by-step instructions to create a traditional 50ml tincture.

Read More
SKU: N/A
Price: R170,00



NATURAL MEDICINE



STRESS, ANXIETY AND INSOMNIA HERBAL TEA BLEND

A calming herbal tea blend made with chamomile, lemon balm, passionflower and lavender. Traditionally used to support relaxation, ease everyday stress and encourage restful sleep.

Read More
SKU: N/A
Price: R152,00



IRRITABLE BOWEL SYNDROME HERBAL TEA BLEND

A soothing herbal blend of **Chamomile, Peppermint, Fennel, Lemon Balm and Ginger** formulated to provide gentle digestive support and help ease occasional bloating, gas and digestive discomfort.

Read More
SKU: N/A
Price: R124,00



TINCTURES



WOMENS WELLNESS TINCTURE KIT

Make your own Women's Wellness herbal tincture at home with this complete DIY kit. Includes pre-measured Yarrow and Nettle, food-grade undenatured alcohol, glass maceration jar, amber dropper bottle and easy step-by-step instructions to create a traditional 50ml tincture.

Read More
SKU: N/A
Price: R170,00



WINTER WELLNESS TINCTURE KIT

Create your own traditional Winter Wellness herbal tincture at home. This complete DIY kit contains pre-measured herbs, food-grade alcohol, glass jars, bottle and easy step-by-step instructions to make a 50ml tincture.

Read More
SKU: N/A
Price: R170,00

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