

My Escentia



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NATURAL MEDICINE

**STRESS & ANXIETY
SUPPORT HERBAL TEA**

*A calming blend to help you
Relax, Unwind & Restore Balance*

- Calms the mind and eases stress
- Supports relaxation and a positive mood
- Promotes restful sleep naturally

100% NATURAL HERBS

MADE WITH

- Chamomile Flowers
- Lemon Balm
- Passion Flower Herb
- Lavender Blossoms

BENEFITS

- Traditionally used to reduce stress
- Helps calm the nervous system
- Encourages relaxation and emotional balance
- Perfect any time of the day – especially before bedtime

COLLECTIONS
Kempton Park
JHB

NATIONWIDE DELIVERY
The Courier Guy
Locker

WHATSAPP
Deborah
084 561 4980

Sip. Relax. Breathe.

Nature's calm in every cup

#StressRelief #AnxietySupport #HerbalTea #NaturalHealing #SelfCare #RelaxAndUnwind #BetterSleep #WellnessNaturally

STRESS, ANXIETY AND INSOMNIA HERBAL TEA BLEND

A calming herbal tea blend made with chamomile, lemon balm, passionflower and lavender. Traditionally used to support relaxation, ease everyday stress and encourage restful sleep.

[Read More](#)

SKU: N/A

Price: R152,00



IRRITABLE BOWEL SYNDROME HERBAL TEA BLEND

A soothing herbal blend of **Chamomile, Peppermint, Fennel, Lemon Balm and Ginger** formulated to provide gentle digestive support and help ease occasional bloating, gas and digestive discomfort.

[Read More](#)
SKU: N/A
Price: R124,00

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Stress, Anxiety and Insomnia Herbal Tea Blend 2

My Escentia



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