

My Escentia



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NATURAL MEDICINE

Soothe, Calm & Comfort
NATURALLY

Herbal ECZEMA BATH SOAK

GENTLE • SOOTHING • BOTANICAL

For dry, itchy & sensitive skin

Made with carefully selected herbs

CHAMOMILE FLOWERS
Traditionally used to help calm and soothe irritated, itchy skin.

CALENDULA PETALS
Traditionally valued for its soothing and skin-soothing properties.

MARSHMALLOW ROOT
Known for its demulcent properties that help hydrate and soothe the skin.

LEMON BALM
Traditionally used to help calm and gently soothe sensitive skin.

HOW TO USE

Add 25-30g (about 1/2 cup) of the bath soak to 1 litre of boiling water.

Cover and steep for 30 minutes.

Strain well and add the infusion to a lukewarm bath.

Soak for 15-20 minutes. Gently pat skin dry and moisturise after your bath.

Relax and enjoy the benefits of nature

PERFECT FOR

- Dry, itchy & sensitive skin
- Eczema-prone skin
- Adults & children
- Regular soothing baths

PRECAUTIONS

- Do not use on broken, bleeding, weeping, severely inflamed or ulcerated skin.
- Avoid contact with eyes and mucous membranes.
- Discontinue use if irritation, redness, burning or stinging occurs.
- Use lukewarm water. Hot water may aggravate dry or eczema-prone skin.
- Do not stand or submerge the skin during the bath.
- Keep out of reach of children and pets.
- Pregnant or breastfeeding individuals should consult a healthcare professional before use.
- Not intended to diagnose, treat, cure or prevent any medical condition.
- Best used as a complementary therapy alongside medical treatment.
- Not intended for use as a substitute for medical treatment.

Nature's gentle care for healthier, happier skin

HERBAL ECZEMA BATH SOAK

A gentle botanical bath soak containing chamomile, calendula, marshmallow root and lemon balm, traditionally used to soothe and comfort dry, itchy and sensitive skin.

[Read More](#)
SKU: N/A
Price: R152,00

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