

My Escentia



TABLE OF CONTENTS

Wellness	2
Aloe Ferox Crystals 75g (Bitter Cape Aloe)	2
Agrimony Herb cut 75g (Agrimonia eupatoria)	2
Tai Chi Programme for Beginners	3
21 day Quit Smoking Programme	3



WELLNESS

Aloe Ferox Crystals
USES & BENEFITS

Powerful Crystals from the South African Aloe Ferox Plant

Natural Detox Cleanses & Removes Toxins	Relieves Constipation Strong Laxative Effect
Digestive Support Improves Gut Health	Antimicrobial Fights Harmful Bacteria

— Also Used For Skin Care —
Diluted for Acne, Wounds & Infections

USE WITH CAUTION!

- ✓ Very Potent – Only Tiny Dose Needed
- ✓ Not for Pregnant or Sensitive Individuals
- ✓ Avoid Long-Term Use

Herbal Power!

ALOE FEROX CRYSTALS 75G (BITTER CAPE ALOE)

□ What are Aloe Ferox Crystals?

Aloe ferox crystals are derived from the dried sap of the Aloe ferox plant, native to South Africa. They are very concentrated and potent, especially known for their strong cleansing and detoxifying properties.

[Read More](#)

SKU: N/A

Price: R60,00



AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



TAI CHI PROGRAMME FOR BEGINNERS

□ BEGINNER TAI CHI ROUTINE PROGRAMME

Discover the power of gentle movement, deep breathing, and inner calm with our **Beginner Tai Chi Routine Programme**—designed especially for those starting their wellness journey.

[Read More](#)

SKU: N/A

Price: R90,00



21 DAY QUIT SMOKING PROGRAMME

▣ QUIT SMOKING FOR GOOD - 21 DAY PROGRAMME ▣

Are you ready to take control of your health and finally break free from smoking?

Our **21 Day Quit Smoking Programme** is designed to support you step-by-step on your journey to becoming smoke-free — naturally and effectively.

[Read More](#)

SKU: N/A

Price: R120,00

INDEX

2

21 day Quit Smoking Programme 4

A

Agrimony Herb cut 75g (*Agrimonia eupatoria*) 3

Aloe Ferox Crystals 75g (Bitter Cape Aloe) 2

T

Tai Chi Programme for Beginners 3

My Escentia



Address:
24 Armada Avenue
Kempton Park, 1619

E-mail: myescentia3@gmail.com

Contact Number:
084561 4980

www.myescentia.online