

My Escentia



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NATURAL MEDICINE

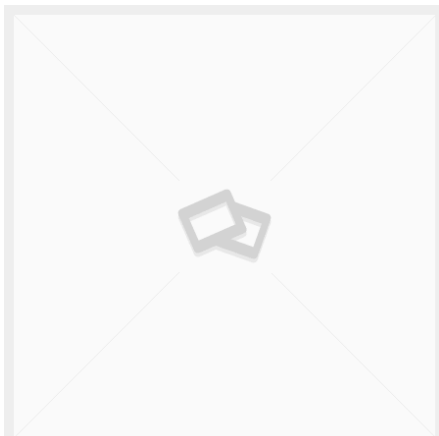
ALLSPICE BERRIES (PIMENTA DIOICA) 1KG

Allspice berries come from the plant *Pimenta dioica* and are called “allspice” because their flavor resembles a blend of cinnamon, cloves, and nutmeg. But beyond the kitchen, they’re powerful for wellness and natural formulations.

[Read More](#)

SKU: N/A

Price: R480,00



ALLSPICE BERRIES (PIMENTA DIOICA)

USES & BENEFITS

Allspice berries have a warm, aromatic flavor that's a blend of cinnamon, cloves, and nutmeg.

- DIGESTIVE SUPPORT**
Helps relieve bloating, gas, indigestion and soothes stomach cramps.
- ANTI-INFLAMMATORY & PAIN RELIEF**
Contains eugenol which helps reduce inflammation, muscle aches and joint pain.
- ORAL HEALTH**
Natural antiseptic properties help relieve toothache and freshen breath.
- IMMUNE BOOSTING**
Rich in antioxidants that help strengthen immunity and fight free radicals.
- SKIN BENEFITS**
Antibacterial and stimulating properties help improve acne-prone skin and promote healthy glow.

100% NATURAL PURE & HEALTHY QUALITY

USES

- HERBAL TEA**
Boil crushed berries to support digestion, calm and overall wellness.
- CULINARY USE**
Perfect for spice blends, sauces, marinades, baking and festive recipes.
- MASSAGE OILS**
Infuse in carrier oils for warming and soothing pain relief blends.
- DY SKINCARE**
Add to scrubs, soaps and skin care products for cleaning benefits.
- STEAM INHALATION**
Use in hot steam to help clear congestion and promote breathing.

PRECAUTIONS

- Use in moderation (less is more!)
- Avoid high concentrations on sensitive skin
- Not recommended during pregnancy in medicinal amounts
- Always dilute before topical use

A VERSATILE HERB FOR HEALTH, WELLNESS, BEAUTY & NATURAL LIVING



Agrimony Herb
— Uses & Benefits —
(*Agrimonia eupatoria*)

Natural Healing Herb for Digestive, Liver & Skin Health

- Digestive Support**
 - Relieves Bloating & Indigestion
 - Soothes Stomach Lining
- Liver & Detox Support**
 - Supports Liver Function
 - Aids Detoxification
- Anti-Inflammatory & Pain Relief**
 - Reduces Inflammation
 - Eases Sore Throat & Aches
- Oral & Throat Health**
 - Helps with Sore Throats
 - Mouth Ulcers & Gum Health
- Skin Healing & Care**
 - Helps Acne & Eczema
 - Heals Minor Wounds
- Mild Relaxant**
 - Calms Anxiety & Tension
 - Supports Better Sleep

How to Use

- Tea**: Steep & Drink
- Skin Rinse**: Wash or Gargle

Caution

- Avoid in Pregnancy
- Limit Excessive Use
- Check Medications

AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



SMOKERS LUNG DETOX TEA
BREATHE LIFE BACK INTO YOUR LUNGS

Helps clear phlegm & toxins

- ✓ Supports lung detox & repair
- ✓ Promotes easier breathing
- ✓ Soothes the respiratory system

BENEFITS FOR YOUR LUNGS:

- ✓ Breaks Down Mucus & Phlegm
- ✓ Supports Lung Detoxification
- ✓ Soothes Irritated Airways
- ✓ Reduces Coughing & Chest Tightness
- ✓ Promotes Easier Breathing

100% NATURAL HERBAL BLEND

ONLY R170 PER PACK
Order Now: 084 561 4980

Elecampane Root, Mullein, Peppermint

IMPORTANT WARNING:

- ✓ Not for pregnant or breastfeeding women
- ✓ Consult your doctor if you have a medical condition
- ✓ Not for those allergic to ingredients
- ✓ This product is not intended to diagnose, treat, cure, or prevent any disease

#LungDetox #QuitSmokingJourney #NaturalHealing

SMOKERS LUNG DETOX TEA

Helps clear phlegm & toxins

- ✓ Supports lung detox & repair
- ✓ Promotes easier breathing
- ✓ Soothes the respiratory system

[Read More](#)

SKU: N/A

Price: R170,00



ETHANOL ALCOHOL 96% FOOD GRADE 1 LITRE

Food-grade **96% ethanol** (also called neutral alcohol) is a very versatile ingredient used in food, cosmetics, herbal medicine, and cleaning.

[Read More](#)

SKU: N/A

Price: R780,00



PEPPERMINT LEAVES 60G POWDERED

Peppermint leaves are a refreshing, aromatic herb widely used in herbal medicine, skincare, and culinary recipes. They are rich in menthol, antioxidants, and essential oils that support both health and wellness.

[Read More](#)

SKU: N/A

Price: R80,00



KELP POWDER 100G

□ What is Kelp Powder?

Kelp powder is made from dried and finely ground brown seaweed. It is naturally rich in iodine, minerals, vitamins, and antioxidants, making it a powerful supplement for both health and skincare.

[Read More](#)

SKU: N/A

Price: R60,00



GINGER POWDER 100G

Ginger Powder (100g) is a warming, versatile natural remedy known for supporting digestion, boosting immunity, and reducing inflammation. It can be enjoyed as a soothing tea, added to food, or used in simple wellness and skincare recipes for its invigorating and healing properties.

[Read More](#)

SKU: N/A

Price: R50,00



LUNGWORT HERB CUT 60G POWDER

What is Lungwort?

Lungwort (scientific name *Pulmonaria officinalis*) is a traditional medicinal herb used for centuries, especially for **lung and respiratory health**. Its name comes from the Latin *pulmo* (lungs), reflecting its historical use for chest conditions.

[Read More](#)

SKU: N/A

Price: R150,00



LOBELIA 75G POWDER

Lobelia (*Lobelia inflata*), also known as *Indian Tobacco*, is a powerful traditional herb used mainly for **respiratory support, muscle relaxation, and detoxification**. It contains an active compound called *lobeline*, which affects the nervous system and breathing.

[Read More](#)

SKU: N/A

Price: R150,00

LIQUORICE ROOT CUT 100G POWDER

Liquorice root comes from the plant *Glycyrrhiza glabra* and has been used for centuries in herbal medicine, skincare, and natural remedies. It has a naturally sweet taste and powerful soothing properties.

[Read More](#)

SKU: N/A

Price: R101,00

Liquorice Root (Cut)
100 BENEFITS & USES

Key Benefits

- Respiratory Support: Coughs & Sore Throat
- Digestive Health: Indigestion & Ulcers
- Skin Benefits: Brightens Skin
- Immune Boosting: Antiviral Support
- Hormonal Support: Balances Hormones
- Anti-Inflammatory: Reduces Inflammation

How to Use

- Herbal Tea: 1-2 Cups Daily
- Skincare Infusion: Brightening Creams
- Powder / Capsules: Herbal Supplements
- Bath Soak: Soothing Baths

Active Compounds

- Glycyrrhizin
- Flavonoids
- Saponins

Important Precautions!

- No During Pregnancy
- High Blood Pressure
- Kidney / Heart Issues

Pro Tips for Skincare.

- Brightening Face Creams
- Herbal Facial Steams
- Glow Serums

#LiquoriceRoot #HerbalHealing #NaturalSkincare #FunWithSoap

ELECAMPANE ROOT (CUT) 75G POWDER

Elecampane root is a traditional herbal remedy known for its strong support of the **respiratory system** and **digestive health**. It has been used for centuries in herbal medicine across Europe and Asia.

[Read More](#)

SKU: N/A

Price: R80,00

Elecampane Root (Cut)
Also known as "ELFWORT"
Inula helenium

Herbal Support for Lungs & Digestion

- Respiratory Health
- Digestive Aid
- Antimicrobial
- Immune Support

Clears Mucus • Eases Coughs
• Fights Infections

Herbal Recipe: ELECAMPANE ROOT TEA

1 tsp dried root + 1 cup Water - Simmer 10-15 min • Strain & Enjoy!

Fun Fact
Once called "ELFWORT," believed to have magical healing powers!

#HerbalRemedy #NaturalHealing #FunWithSoap



MULLEIN LEAVES 75G

KEY BENEFITS

1. Respiratory Support (Lung Herb)

- Helps clear mucus from lungs
- Soothes coughs, bronchitis, asthma, and colds
- Acts as an **expectorant** (helps you cough up phlegm)

☐ Often called a “lung tonic”

[Read More](#)

SKU: N/A

Price: R66,00



HERBAY SINUS & ALLERGY 100ML

Contents:

50% Medicinal Ethanol, Plantain, Thyme, Elecampane, Golden Seal, Eyebright.

Adult Dosage: 20-30 drops in a little water drink 3x daily.

Child Dosage: 10-20 drops in a little water drink 3 x daily.
Shake well before use.

Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY LUNG SUPPORT 100ML

May assist in repairing damage to the alveoli (air sacs) in the lungs. The alveoli are needed to hold oxygen and transfer it into the blood. This formula is indicated as an adjunct for lung conditions such as:

- Asthma
- TB
- Emphysema
- Bronchitis
- Helps to expel mucus from the lungs

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY LIVER SUPPORT 100ML

Contents:

50% Medicinal Ethanol, Milk Thistle, Dandelion.

Adult Dosage: 20 - 30 drops in a little water, drink 2 - 3 x daily.

Child Dosage: 10 - 20 drops in a little water, drink 2 - 3 x daily.

Shake well before use. Keep out of reach of children. Store below 30 °C.
Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY KIDNEY AND GALL STONES 100ML

Contents:

Medicinal Ethanol, Armoracia rusticana, Eupatorium purpureum, Taraxacum officinale, Peumus boldo, Sweden Bitters.

Adult Dosage: 20-30 drops in half a glass of water drink 2-4 x daily

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.X

Default Title

Quantity

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY SENSUALIZE (FEMALE) 100ML

Balancing hormones is paramount in overcoming and easing mental blockages so as to increase sexual pleasure. Improving the circulation and oxygenation of blood to the extremities of the body may heighten the pleasure sensation.

Contents: 50% Medicinal Ethanol, Tribulis Terrestris, Eleutherococcus senticosus, Angelica sinensis, Ginkgo biloba.

Adult Dosage: 20-30 drops in a little water 2- 4 x daily.

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY TINCTURE 100ML -INVIGORATE

Helps to boost testosterone levels so as to improve a man's sexual desire and performance. Can be used in conjunction with Herbay Circulation Capsules. Increasing blood flow to the pinnacle by improving blood circulation allows for a more pleasurable experience.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



STRESSLESS 100ML

Used to reduce the negative impact that stress has on the body and improves overall mood. Calming the system helps you to focus on the now so as to reduce feelings of anxiety.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



MEMORY & CONCENTRATION 100ML

This formulation is designed to improve our ability to concentrate and retain information. Improves blood circulation and helps the transfer of messages from nerve cell to another. This allows for clearer thinking and better memory recall over the long term.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HAEMORRHOIDS 100ML

Assists in relieving pain and discomfort associated with piles/ Haemorrhoid's. Strengthens and repairs the damaged veins and shrinks the size of the Haemorrhoid/s. Other related problems such as varicose veins, high blood pressure, hardening of the arteries and asthma may also be the under-lying cause. Treat accordingly. Use in conjunction with Herbay Circulation Capsules and Cleansing Capsules to maintain a regular bowel movement.

Contents:

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



LOW BLOOD PRESSURE TREATMENT 100ML

improves circulation and strengthens the heart. Eases feelings of dizziness and poor balance due to poor circulation in combination with anaemia and hypo-glycaemia

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



DIABETES SUPPORT 100ML

The Diabetes Support helps to ensure that the pancreas is producing the correct amount of insulin when needed AS well as enable the receptors on the cells to use the insulin that is being produced. This formula can therefore be used by anyone with elevated sugar levels as well as insulin resistance. Best results are obtained when used in conjunction with Herbay Circulation Capsules.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



BLADDER AND KIDNEY SUPPORT 100ML

May assist with treating and preventing infections (cystitis), small stones, burning urination so as to reduce backache and swollen ankles.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



CANDIDA 100ML

Used to fight fungal infections (Candida). Symptoms of candida are abdominal discomfort (windiness & bloatedness), fatigue, skin infections, thrush, eczema, psoriasis, dandruff, athlete's foot, headaches, dizziness and a compromised immune system.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

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