My Escentia



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NATURAL MEDICINE



OSTEOARTHRITIS HERBAL TEA BLEND

A traditional herbal tea blend containing Devil's Claw, Nettle, Turmeric, Ginger and Rosehips, formulated to support joint health, comfortable mobility and general wellbeing.

Read More
SKU: N/A
Price: R96,00



HERBAL ECZEMA BATH SOAK

A gentle botanical bath soak containing chamomile, calendula, marshmallow root and lemon balm, traditionally used to soothe and comfort dry, itchy and sensitive skin.

Read More
SKU: N/A
Price: R152,00



STRESS, ANXIETY AND INSOMNIA HERBAL TEA BLEND

A calming herbal tea blend made with chamomile, lemon balm, passionflower and lavender. Traditionally used to support relaxation, ease everyday stress and encourage restful sleep.

Read More
SKU: N/A
Price: R152,00



IRRITABLE BOWEL SYNDROME HERBAL TEA BLEND

A soothing herbal blend of **Chamomile, Peppermint, Fennel, Lemon Balm and Ginger** formulated to provide gentle digestive support and help ease occasional bloating, gas and digestive discomfort.

Read More
SKU: N/A
Price: R124,00



AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

Read More
SKU: N/A
Price: R70,00



SMOKERS LUNG DETOX TEA

Helps clear phlegm & toxins
✔ Supports lung detox & repair
✔ Promotes easier breathing
✔ Soothes the respiratory system

Read More
SKU: N/A
Price: R170,00



ETHANOL ALCOHOL 96% FOOD GRADE 1 LITRE

Food-grade **96% ethanol** (also called neutral alcohol) is a very versatile ingredient used in food, cosmetics, herbal medicine, and cleaning.

Read More
SKU: N/A
Price: R780,00



PEPPERMINT LEAVES 60G POWDERED

Peppermint leaves are a refreshing, aromatic herb widely used in herbal medicine, skincare, and culinary recipes. They are rich in menthol, antioxidants, and essential oils that support both health and wellness.

Read More
SKU: N/A
Price: R80,00



KELP POWDER 100G

What is Kelp Powder?

Kelp powder is made from dried and finely ground brown seaweed. It is naturally rich in iodine, minerals, vitamins, and antioxidants, making it a powerful supplement for both health and skincare.

Read More
SKU: N/A
Price: R60,00



GINGER POWDER 100G

Ginger Powder (100g) is a warming, versatile natural remedy known for supporting digestion, boosting immunity, and reducing inflammation. It can be enjoyed as a soothing tea, added to food, or used in simple wellness and skincare recipes for its invigorating and healing properties.

Read More
SKU: N/A
Price: R50,00



LUNGWORT HERB CUT 60G POWDER

What is Lungwort?

Lungwort (scientific name *Pulmonaria officinalis*) is a traditional medicinal herb used for centuries, especially for **lung and respiratory health**. Its name comes from the Latin *pulmo* (lungs), reflecting its historical use for chest conditions.

Read More
SKU: N/A
Price: R150,00



LOBELIA 75G POWDER

Lobelia (Lobelia inflata), also known as *Indian Tobacco*, is a powerful traditional herb used mainly for **respiratory support**, **muscle relaxation**, and **detoxification**. It contains an active compound called *lobeline*, which affects the nervous system and breathing.

Read More
SKU: N/A
Price: R150,00



LIQUORICE ROOT CUT 100G POWDER

Liquorice root comes from the plant *Glycyrrhiza glabra* and has been used for centuries in herbal medicine, skincare, and natural remedies. It has a naturally sweet taste and powerful soothing properties.

Read More
SKU: N/A
Price: R101,00



ELECAMPANE ROOT (CUT) 75G POWDER

Elecampane root is a traditional herbal remedy known for its strong support of the **respiratory system** and **digestive health**. It has been used for centuries in herbal medicine across Europe and Asia.

Read More
SKU: N/A
Price: R80,00



MULLEIN LEAVES 75G

KEY BENEFITS

1. Respiratory Support (Lung Herb)

- Helps clear mucus from lungs
- Soothes coughs, bronchitis, asthma, and colds
- Acts as an **expectorant** (helps you cough up phlegm)

 Often called a “lung tonic”

Read More
SKU: N/A
Price: R66,00



HERBAY SINUS & ALLERGY 100ML

Contents:
50% Medicinal Ethanol, Plantain,Thyme, Elecampane, Golden Seal, Eyebright.
Adult Dosage: 20-30 drops in a little water drink 3x daily.

Child Dosage: 10-20 drops in a little water drink 3 x daily.
Shake well before use.

Keep out of reach of children. Store below 30ºC. Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

Read More
SKU: N/A
Price: R160,00



HERBAY LUNG SUPPORT 100ML

May assist in repairing damage to the alveoli (air sacs) in the lungs The alveoli are needed to hold oxygen and transfer it into the blood. This formula is indicated as an adjunct for lung conditions such as:

 Asthma

 TB

Emphysema

 Bronchitis

 Helps to expel mucus from the lungs

Read More
SKU: N/A
Price: R160,00



HERBAY LIVER SUPPORT 100ML

Contents:

50% Medicinal Ethanol, Milk Thistle, Dandelion.

Adult Dosage: 20 - 30 drops in a little water, drink 2 - 3 x daily.

Child Dosage: 10 - 20 drops in a little water, drink 2 - 3 x daily.

Shake well before use. Keep out of reach of children. Store below 30 °C. Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

Read More
SKU: N/A
Price: R160,00



HERBAY KIDNEY AND GALL STONES 100ML

Contents:

Medicinal Ethanol, Armoracia rusticana, Eupatorium purpureum, Taraxacum officinale, Peumus boldo, Sweden Bitters.

Adult Dosage: 20-30 drops in half a glass of water drink 2-4 x daily

Shake well before use. Keep out of reach of children. Store below 30ºC. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

*This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.*X

Default Title
Quantity
Read More
SKU: N/A
Price: R160,00

-100 %



HERBAY SENSUALIZE (FEMALE) 100ML

Balancing hormones is paramount in overcoming and easing mental blockages so as to increase sexual pleasure. Improving the circulation and oxygenation of blood to the extremities of the body may heighten the pleasure sensation.

Contents: 50% Medicinal Ethanol, Tribulis Terrestris, Eleutherococcus senticosus, Angelica sinensis, Ginkgo biloba.

Adult Dosage: 20-30 drops in a little water 2- 4 x daily.

Shake well before use. Keep out of reach of children. Store below 30ºC. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

Read More
SKU: N/A
Price: ~~R160,00~~ R0,00



HERBAY TINCTURE 100ML -INVIGORATE

Helps to boost testosterone levels so as to improve a man’s sexual desire and performance. Can be used in conjunction with Herbay Circulation Capsules. Increasing blood flow to the pinnacle by improving blood circulation allows for a more pleasurable experience.

Read More
SKU: N/A
Price: R160,00



STRESSLESS 100ML

Used to reduce the negative impact that stress has on the body and improves overall mood. Calming the system helps you to focus on the now so as to reduce feelings of anxiety.

Read More
SKU: N/A
Price: R160,00

-100 %



MEMORY & CONCENTRATION 100ML

This formulation is designed to improve our ability to concentrate and retain information. Improves blood circulation and helps the transfer of messages from nerve cell to another. This allows for clearer thinking and better memory recall over the long term.

Read More
SKU: N/A
Price: ~~R160,00~~ R0,00



HAEMORRHOIDS 100ML

Assists in relieving pain and discomfort associated with piles/ Haemorrhoid's. Strengthens and repairs the damaged veins and shrinks the size of the Haemorrhoid/s. Other related problems such as varicose veins, high blood pressure, hardening of the arteries and asthma may also be the under-lying cause. Treat accordingly. Use in conjunction with Herbay Circulation Capsules and Cleansing Capsules to maintain a regular bowel movement.

Contents:

Read More
SKU: N/A
Price: R160,00

-100 %



LOW BLOOD PRESSURE TREATMENT 100ML

improves circulation and strengthens the heart. Eases feelings of dizziness and poor balance due to poor circulation in combination with anaemia and hypo-glycaemia

Read More
SKU: N/A
Price: ~~R160,00~~ R0,00



DIABETES SUPPORT 100ML

The Diabetes Support helps to ensure that the pancreas is producing the correct amount of insulin when needed AS well as enable the receptors on the cells to use the insulin that is being produced. This formula can therefore be used by anyone with elevated sugar levels as well as insulin resistance. Best results are obtained when used in conjunction with Herbay Circulation Capsules.

Read More
SKU: N/A
Price: R160,00

-100 %



BLADDER AND KIDNEY SUPPORT 100ML

May assist with treating and preventing infections (cystitis), small stones, burning urination so as to reduce backache and swollen ankles.

Read More
SKU: N/A
Price: ~~R160,00~~ R0,00

-100 %



CANDIDA 100ML

Used to fight fungal infections (Candida). Symptoms of candida are abdominal discomfort (windiness & bloatedness), fatigue, skin infections, thrush, eczema, psoriasis, dandruff, athlete's foot, headaches, dizziness and a compromised immune system.

Read More
SKU: N/A
Price: ~~R160,00~~ R0,00

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