

My Escentia



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UNCATEGORIZED



LOBELIA 75G POWDER

Lobelia (*Lobelia inflata*), also known as *Indian Tobacco*, is a powerful traditional herb used mainly for **respiratory support**, **muscle relaxation**, and **detoxification**. It contains an active compound called *lobeline*, which affects the nervous system and breathing.

[Read More](#)

SKU: N/A

Price: R150,00



GREEN KIDS PLAY DOUGH 1KG

[Read More](#)

SKU: N/A

Price: R150,00 R89,00



GOLF BALL SANDALWOOD SOAPS (PACK OF 6) GIFTED CELLO BAG

Pure glycerine fragranced soap golf balls. Perfect for gifting.

[Read More](#)

SKU: N/A

Price: R60,00



PURE GLYCERINE SOAP BAR 150G

Pure glycerine soap that is unfragranced and free from colors or dyes offers several benefits:

1. **Gentle on Skin:** Glycerine is a natural humectant, meaning it helps retain moisture in the skin. This makes glycerine soap gentle and suitable for sensitive skin.
2. **Hydrating Properties:** It attracts moisture from the air and helps keep the skin hydrated, which can be beneficial for dry or dehydrated skin.
3. **Non-Irritating:** Without added fragrances or dyes, this soap is less likely to cause irritation or allergic reactions, making it ideal for individuals with sensitive skin or conditions like eczema.
4. **Natural Ingredients:** Pure glycerine soap is often made with simple, natural ingredients, reducing the risk of exposure to harsh chemicals.
5. **Balanced pH:** Glycerine soap typically maintains a balanced pH, which is important for skin health and helps maintain the skin's natural barrier.
6. **Versatile Use:** It can be used for various purposes, including facial cleansing, body washing, and even shaving, due to its moisturizing properties.
7. **Environmentally Friendly:** Many pure glycerine soaps are made with sustainable practices and ingredients, making them a more eco-friendly choice.
8. **No Artificial Additives:** The absence of colors and dyes means no synthetic chemicals that could potentially harm the skin or the environment.

Overall, unfragranced pure glycerine soap is a great choice for those looking for a gentle, effective, and natural cleansing option.

[Read More](#)

SKU: N/A

Price: ~~R29,00~~ R15,00



CANDLE MAKING



VIOLET CANDLE LIQUID DYE 5ML

[Read More](#)

SKU: N/A

Price: R22,00



YELLOW CANDLE LIQUID DYE 5ML

[Read More](#)

SKU: N/A

Price: R22,00



DRIED HERBS

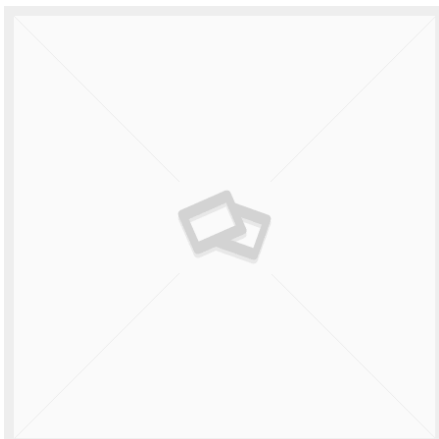
ALLSPICE BERRIES (PIMENTA DIOICA) 1KG

Allspice berries come from the plant *Pimenta dioica* and are called “allspice” because their flavor resembles a blend of cinnamon, cloves, and nutmeg. But beyond the kitchen, they’re powerful for wellness and natural formulations.

[Read More](#)

SKU: N/A

Price: R480,00



ALLSPICE BERRIES (PIMENTA DIOICA)

USES & BENEFITS

Allspice berries have a warm, aromatic flavor that's a blend of cinnamon, cloves, and nutmeg.

- DIGESTIVE SUPPORT**
Helps relieve bloating, gas, indigestion and soothes stomach cramps.
- ANTI-INFLAMMATORY & PAIN RELIEF**
Contains eugenol which helps reduce inflammation, muscle aches and joint pain.
- ORAL HEALTH**
Natural antiseptic properties help relieve toothache and freshen breath.
- IMMUNE BOOSTING**
Rich in antioxidants that help strengthen immunity and fight free radicals.
- SKIN BENEFITS**
Antibacterial and stimulating properties help improve acne-prone skin and promote healthy glow.

USES

- HERBAL TEA**
Dried allspice berries are perfect for spice blends, soups, marinades, baking and festive recipes.
- CULINARY USE**
Perfect for spice blends, soups, marinades, baking and festive recipes.
- MASSAGE OILS**
Infuse in carrier oils for warming and soothing pain relief blends.
- DY SKINCARE**
Add to tonics, soaps and skin care products for cleaning benefits.
- STEAM INHALATION**
Use in hot steam to help clear congestion and promote breathing.

PRECAUTIONS

- Use in moderation. Excess is pungent.
- Avoid high concentrations on sensitive skin.
- Not recommended during pregnancy in medicinal amounts.
- Always dilute before topical use.

100% NATURAL
PURE & PREMIUM QUALITY

A VERSATILE HERB FOR HEALTH, WELLNESS, BEAUTY & NATURAL LIVING.



ALOE GROUND BITTER (CAPE ALOE)

NATURE'S POWERFUL HEALER & DETOXIFIER

Made from Aloe ferox, a potent succulent native to South Africa, traditionally used for centuries for health and wellness.

KEY BENEFITS

- 1. POWERFUL NATURAL DETOXIFIER**
Traditionally used to support digestion and cleanse the digestive system. Helps stimulate bowel movement (strong natural laxative).
- 2. SUPPORTS DIGESTIVE HEALTH**
Encourages healthy gut function and can assist with occasional constipation relief.
- 3. SKIN HEALING & REPAIR**
Known for soothing irritated or inflamed skin. Helps with minor wounds, dryness, and skin conditions.
- 4. ANTI-INFLAMMATORY PROPERTIES**
Helps calm redness, swelling, and irritation.
- 5. ANTIMICROBIAL ACTION**
Supports protection against bacteria and infections.

USES

INTERNAL USE (Use with caution)

- Taken in very small doses as a natural laxative.
- Used in traditional medicine for detox and digestion.

IMPORTANT: Very potent – should not be overused.

TOPICAL USE (More common in DIY products)

- Added to soaps for cleansing and skin benefits.
- Used in creams and ointments for soothing skin.
- Can be included in herbal treatments for problem skin.

FROM THE ALOE FEROX PLANT

IMPORTANT PRECAUTIONS

- Extremely strong – overuse can cause cramping.
- Not recommended for pregnant women.
- Avoid long-term internal use.
- Always dilute for topical applications.

PERFECT FOR:

- Herbal remedy formulations
- Natural skincare products
- Detox and wellness blends

PURE. POTENT. TRADITIONAL. FOR HEALTH, WELLNESS & NATURAL LIVING.

ALOE GROUND 1KG

Premium Aloe Ground Bitter from Aloe ferox, known for its detoxifying and skin-soothing properties. Perfect for natural skincare, soap making, and herbal use.

[Read More](#)

SKU: N/A

Price: R790,00



Agrimony Herb

— Uses & Benefits —
(Agrimonia eupatoria)

Natural Healing Herb for Digestive, Liver & Skin Health

Digestive Support

- Relieves Bloating & Indigestion
- Soothes Stomach Lining

Liver & Detox Support

- Supports Liver Function
- Aids Detoxification

Anti-Inflammatory & Pain Relief

- Reduces Inflammation
- Eases Sore Throat & Aches

Oral & Throat Health

- Helps with Sore Throats
- Mouth Ulcers & Gum Health

Skin Healing & Care

- Helps Acne & Eczema
- Heals Minor Wounds

Mild Relaxant

- Calms Anxiety & Tension
- Supports Better Sleep

How to Use

Tea Steep & Drink

Skin Rinse Wash or Gargle

Caution

- Avoid in Pregnancy
- Limit Excessive Use
- Check Medications

AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00

AFRICAN POTATO
(*Hypoxis hemerocallidea*)

Uses & Benefits

African Potato Plant **African Potato Root**

- Immune Support**
 - Boosts Immunity
- Anti-Inflammatory**
 - Reduces Joint Pain
- Antioxidant**
 - Fights Free Radicals
- Prostate Health**
 - Supports Prostate Function
- Blood Sugar Support**
 - Helps Balance Glucose
- General Wellness**
 - Enhances Energy & Vitality
- General Wellness**
 - Enhances Energy & Vitality

COMMON USES

- Herbal Tea**
 - Immune-Boosting Brew
- Powder Form**
 - Dried Root Powder
- Tincture**
 - Liquid Extract
- Capsules**
 - Easy Supplements

IMPORTANT! NOT A CURE

- Consult a Health Professional
- Avoid in Pregnancy
- Possible Drug Interactions

AFRICAN POTATO 100G (HYPOXIS ROOPER /HEMEROCALLIDEA)

The **African Potato** (*Hypoxis hemerocallidea*) is a powerful traditional medicinal plant widely used in Southern Africa. It's especially valued for supporting the immune system and overall wellness.

[Read More](#)

SKU: N/A

Price: R68,00



HAIR SERUMS



SLOW GLOW HAIR GROWTH SERUM 30ML

All natural Hair growth serum

[Read More](#)

SKU: N/A

Price: R210,00



HERBS

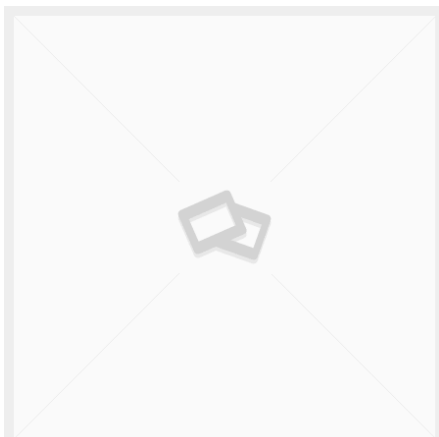
ALLSPICE BERRIES (PIMENTA DIOICA) 1KG

Allspice berries come from the plant *Pimenta dioica* and are called “allspice” because their flavor resembles a blend of cinnamon, cloves, and nutmeg. But beyond the kitchen, they’re powerful for wellness and natural formulations.

[Read More](#)

SKU: N/A

Price: R480,00



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(PIMENTA DIOICA)

USES & BENEFITS

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- DIGESTIVE SUPPORT**
Helps relieve bloating, gas, indigestion and soothes stomach cramps.
- ANTI-INFLAMMATORY & PAIN RELIEF**
Contains eugenol which helps reduce inflammation, muscle aches and joint pain.
- ORAL HEALTH**
Natural antiseptic properties help relieve toothache and freshen breath.
- IMMUNE BOOSTING**
Rich in antioxidants that help strengthen immunity and fight free radicals.
- SKIN BENEFITS**
Antibacterial and stimulating properties help improve acne-prone skin and promote healthy glow.

100% NATURAL
PURE & PREMIUM QUALITY

USES

- HERBAL TEA**
Soil crushed berries to support digestion, colds and overall wellness.
- CULINARY USE**
Perfect for spice blends, soups, marinades, baking and festive recipes.
- MASSAGE OILS**
Infuse in carrier oils for warming and soothing pain relief blends.
- DY SKINCARE**
Add to tonics, soaps and skin care products for cleaning benefits.
- STEAM INHALATION**
Use in hot steam to help clear congestion and promote breathing.

PRECAUTIONS

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FROM THE ALOE FEROX PLANT

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PERFECT FOR:

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- Natural skincare products
- Detox and wellness blends

PURE. POTENT. TRADITIONAL. FOR HEALTH, WELLNESS & NATURAL LIVING.

ALOE GROUND 1KG

Premium Aloe Ground Bitter from Aloe ferox, known for its detoxifying and skin-soothing properties. Perfect for natural skincare, soap making, and herbal use.

[Read More](#)

SKU: N/A

Price: R790,00



Aloe Ferox Crystals

USES & BENEFITS

Powerful Crystals from the South African Aloe Ferox Plant

- Natural Detox**
Cleanses & Removes Toxins
- Relieves Constipation**
Strong Laxative Effect
- Digestive Support**
Improves Gut Health
- Antimicrobial**
Fights Harmful Bacteria

Also Used For Skin Care

Diluted for Acne, Wounds & Infections

USE WITH CAUTION!

- ✓ Very Potent – Only Tiny Dose Needed
- ✓ Not for Pregnant or Sensitive Individuals
- ✓ Avoid Long-Term Use

Herbal Power!

ALOE FEROX CRYSTALS 75G (BITTER CAPE ALOE)

□ What are Aloe Ferox Crystals?

Aloe ferox crystals are derived from the dried sap of the Aloe ferox plant, native to South Africa. They are very concentrated and potent, especially known for their strong cleansing and detoxifying properties.

[Read More](#)

SKU: N/A

Price: R60,00

Agrimony Herb
— Uses & Benefits —
(*Agrimonia eupatoria*)

Natural Healing Herb for Digestive, Liver & Skin Health

Digestive Support

- Relieves Bloating & Indigestion
- Soothes Stomach Lining

Liver & Detox Support

- Supports Liver Function
- Aids Detoxification

Anti-Inflammatory & Pain Relief

- Reduces Inflammation
- Eases Sore Throat & Aches

Oral & Throat Health

- Helps with Sore Throats
- Mouth Ulcers & Gum Health

Skin Healing & Care

- Helps Acne & Eczema
- Heals Minor Wounds

Mild Relaxant

- Calms Anxiety & Tension
- Supports Better Sleep

How to Use

Tea Steep & Drink

Skin Rinse Wash or Gargle

Caution

- Avoid in Pregnancy
- Limit Excessive Use
- Check Medications

AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



KIDDIES PLAY TIME



GREEN KIDS PLAY DOUGH 1KG

[Read More](#)

SKU: N/A

Price: R150,00 R89,00

-32%



BATH CRAYONS

[Read More](#)

SKU: N/A

Price: ~~R95,00~~ R65,00



KITS

DIY Kits



SOAP MAKING KIT

[Read More](#)

SKU: N/A

Price: R160,00



MISCELLANEOUS

Uses for

ETHANOL 96% (Food Grade)

1. Food & Beverages

- Extracts & Flavorings
- Homemade Liqueurs

2. Herbal Tinctures

- Herbal Extracts & Remedies

3. Perfume Making

- Perfume Base Alcohol

4. Sanitizer & Cleaning

- Hand Sanitizers
- Surface Disinfectant

5. Vanilla Extract

- Homemade Vanilla Extract

Keep Away from Heat & Flames | 70% Dilute to 70% for Sanitizing

ETHANOL ALCOHOL FOOD GRADE 100ML 96%

Ethanol 96% (also called food-grade alcohol or ethyl alcohol) is a highly versatile ingredient used in food, herbal, cosmetic, and cleaning applications.

[Read More](#)

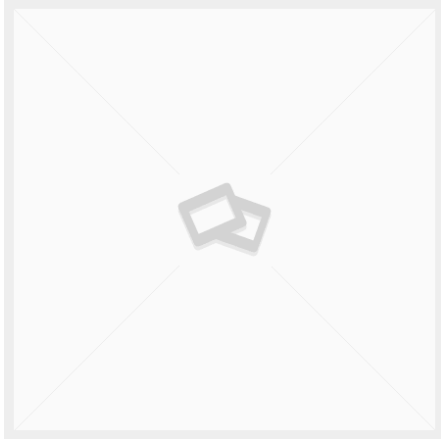
SKU: N/A

Price: R80,00



MY ESSENTIA

Health and wellness products and services.



ELECTRA PHYSIO MASSAGER

[Read More](#)

SKU: N/A

Price: R400,00

-59%



SHINGLES & COLD SORES 100ML

A natural anti-viral formula specifically indicated to assist the body to manage the virus that causes shingles and recurring cold sores. We do recommend L-Lysine and a good B-Complex to feed the nerves so as to speed up the healing process.

Contents: 50% medicinal ethanol, Sarsaparilla, Golden Seal, Wormwood, Myrrh

Adult Dosage 20-30 drops in a little water drink 3 x daily

Child dosage 10-20 drops in a little water drink 3 x daily

Shake well before use

Keep out of reach of children.

Store below 30 degrees celcius

Not to be taken during pregnancy

No artificial preservatives or floavourings.

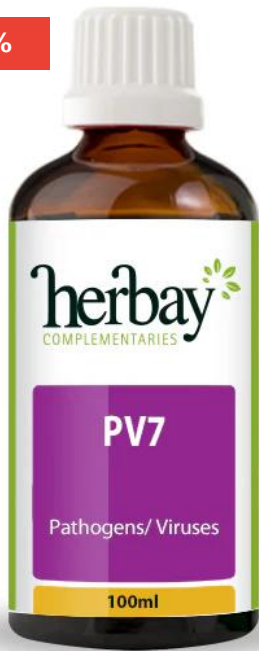
No known contra - indications

[Read More](#)

SKU: N/A

Price: R195,00 R80,00

-69%



PV7 - PATHOGENS/ VIRUSES 100ML

Contents: 50% Medicinal Ethanol, Sanguinaria canadensis, Chapparal, Propolis, Tansy, Thuja, Wormwood, Poke Root

Adult Dosage:

First week: 5 drops in a little water drink once a day. Second week: 5 drops twice daily. Third Week: 10 drops twice daily. Then 20 drops twice daily until the bottle is finished. second bottle onwards should be taken at 10 drops twice daily as a preventative for long term therapy.

Child Dosage: (3-12 years): For children's dosage please contact Cheryl on 0824475808

Warning: You may feel nauseous and tired in the first few days (Rest as much as possible). This indicates that the formula is working. Contact us if you have any further questions.

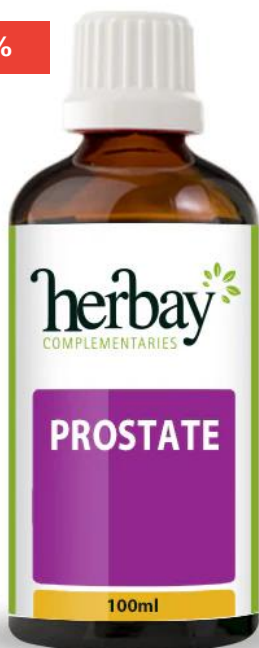
Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

[Read More](#)

SKU: N/A

Price: R480,00 R150,00

-59%



PROSTATE 100ML

Contents:

50% Medicinal Ethanol, Saw Palmetto, Buchu, Horsetail.

Adult Dosage: 30 drops in a glass of water drink before bed and again on rising.

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R195,00 R80,00

-59%



INCONTINENCE 100ML

Contents:

50% Medicinal Ethanol,

Knotgrass, Ginkgo, Horsetail.

Adult Dosage: 20-30 drops in a little water drink 2-4 x daily

Child Dosage: 10-20 drops in a little water drink 2-4 x daily

*Shake well before use. Keep out of reach of children. Store below 30°C.
Not to be taken during pregnancy. No artificial preservatives or
flavourings. No known contra-indications.*

*This medicine has not been evaluated by the Medicines Control Council.
This medicine is not intended to diagnose, treat, cure or prevent any
disease.*

[Read More](#)

SKU: N/A

Price: R195,00 R80,00

-59%

IMMUNE PROTECTOR 100ML

*Contents: 50% Medicinal Ethanol, Larrea tridentata, Propolis, Uncaria
tomentosa, Astragalus membranaceus, Capsicum minimum,
Commiphora molmol, Zingiber officinale.*

Adult Dosage: 20-30 drops in a little water drink 2-4 x daily

Chronic Condition Dosage: 10 drops 3 x daily in a little water

Child Dosage: 10-20 drops in a little water drink 2-4 x daily

*Shake well before use. Keep out of reach of children. Store below 30°C.
Not to be taken during pregnancy. No artificial preservatives or
flavourings. No known contra-indications.*

*This medicine has not been evaluated by the Medicines Control Council.
This medicine is not intended to diagnose, treat, cure or prevent any*

disease.

[Read More](#)

SKU: N/A

Price: R195,00 R80,00



-59%



HARMONISE HORMONES 100ML

Contents:

50% Medicinal Ethanol, Alchemilla Vulgaris, Viburnum opulus, Geranium maculatum, Angelica sinensis, Salvia officinalis, Cimicifuga racemosa, Vitex Agnus castus, Dioscorea Villosa.

Dosage:

20-30 drops in a little water twice daily.

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

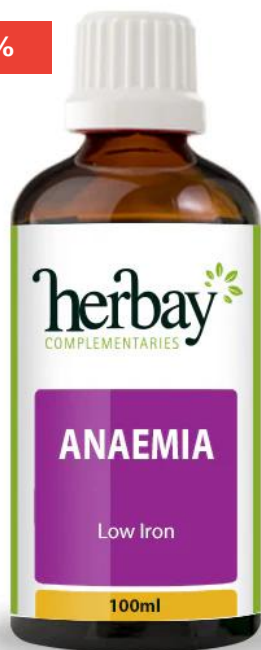
This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R195,00 R80,00

-59%



HERBAY ANAEMIA 100ML

Non constipating.

Contents:

50% Medicinal Ethanol

Nettle, Alfalfa, Yellow Dock.

Adults Dosage : 20 drops in a little water drink 2-3 x daily

Child Dosage : 10 drops in a little water drink 2-3 x daily

*Shake well before use. Keep out of reach of children. Store below 30°C.
Not to be taken during pregnancy. No artificial preservatives or
flavourings. No known contra-indications.*

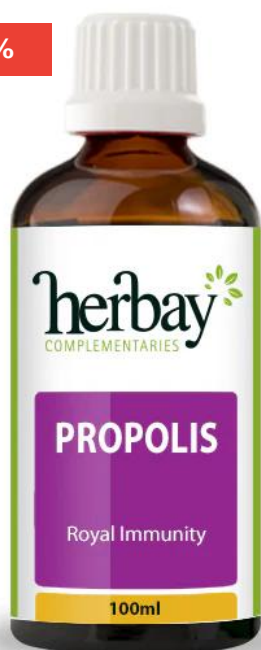
*This medicine has not been evaluated by the Medicines Control Council.
This medicine is not intended to diagnose, treat, cure or prevent any
disease.*

[Read More](#)

SKU: N/A

Price: R195,00 R80,00

-55%



PROPOLIS 100ML

*Propolis has been clinically trialled to treat viruses and bacterial
infections. It is indicated for gum infections and a compromised immune
system (recurring colds and flu). An excellent immune tonic. Our
organic Propolis is collected from bee hives in KZN and the Free State
exclusively, ensuring the best quality available*

[Read More](#)

SKU: N/A

Price: R176,00 R80,00



NATURAL MEDICINE

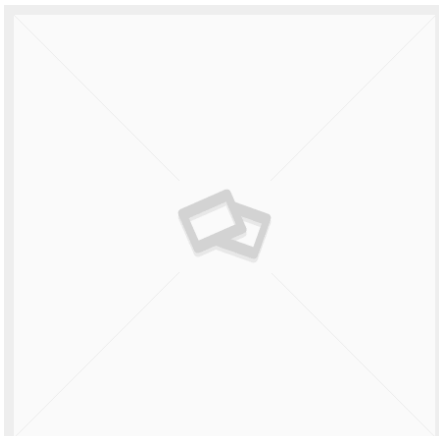
ALLSPICE BERRIES (PIMENTA DIOICA) 1KG

Allspice berries come from the plant *Pimenta dioica* and are called “allspice” because their flavor resembles a blend of cinnamon, cloves, and nutmeg. But beyond the kitchen, they’re powerful for wellness and natural formulations.

[Read More](#)

SKU: N/A

Price: R480,00



ALLSPICE BERRIES (PIMENTA DIOICA)

USES & BENEFITS

Allspice berries have a warm, aromatic flavor that's a blend of cinnamon, cloves, and nutmeg.

- DIGESTIVE SUPPORT**
Helps relieve bloating, gas, indigestion and soothes stomach cramps.
- ANTI-INFLAMMATORY & PAIN RELIEF**
Contains eugenol which helps reduce inflammation, muscle aches and joint pain.
- ORAL HEALTH**
Natural antiseptic properties help relieve toothache and freshen breath.
- IMMUNE BOOSTING**
Rich in antioxidants that help strengthen immunity and fight free radicals.
- SKIN BENEFITS**
Antibacterial and stimulating properties help improve acne-prone skin and promote healthy glow.

100% NATURAL PURE & HEALTHY QUALITY

USES

- HERBAL TEA**
Boil crushed berries to support digestion, calm and overall wellness.
- CULINARY USE**
Perfect for spice blends, sauces, marinades, baking and festive recipes.
- MASSAGE OILS**
Infuse in carrier oils for warming and soothing pain relief blends.
- DY SKINCARE**
Add to scrubs, soaps and skin care products for cleaning benefits.
- STEAM INHALATION**
Use in hot steam to help clear congestion and promote breathing.

PRECAUTIONS

- Use in moderation (less is more!)
- Avoid high concentrations on sensitive skin
- Not recommended during pregnancy in medicinal amounts
- Always dilute before topical use

A VERSATILE HERB FOR HEALTH, WELLNESS, BEAUTY & NATURAL LIVING



Agrimony Herb
— Uses & Benefits —
(*Agrimonia eupatoria*)

Natural Healing Herb for Digestive, Liver & Skin Health

- Digestive Support**
 - Relieves Bloating & Indigestion
 - Soothes Stomach Lining
- Liver & Detox Support**
 - Supports Liver Function
 - Aids Detoxification
- Anti-Inflammatory & Pain Relief**
 - Reduces Inflammation
 - Eases Sore Throat & Aches
- Oral & Throat Health**
 - Helps with Sore Throats
 - Mouth Ulcers & Gum Health
- Skin Healing & Care**
 - Helps Acne & Eczema
 - Heals Minor Wounds
- Mild Relaxant**
 - Calms Anxiety & Tension
 - Supports Better Sleep

How to Use

Tea: Steep & Drink

Skin Rinse: Wash or Gargle

Caution

- Avoid in Pregnancy
- Limit Excessive Use
- Check Medications

AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



SMOKERS LUNG DETOX TEA
BREATHE LIFE BACK INTO YOUR LUNGS

Helps clear phlegm & toxins

- ✓ Supports lung detox & repair
- ✓ Promotes easier breathing
- ✓ Soothes the respiratory system

BENEFITS FOR YOUR LUNGS:

- ✓ Breaks Down Mucus & Phlegm
- ✓ Supports Lung Detoxification
- ✓ Soothes Irritated Airways
- ✓ Reduces Coughing & Chest Tightness
- ✓ Promotes Easier Breathing

100% NATURAL HERBAL BLEND

ONLY R170 PER PACK
Order Now: 084 561 4980

Elecampane Root, Mullein, Peppermint

IMPORTANT WARNING:

- ✓ Not for pregnant or breastfeeding women
- ✓ Consult your doctor if you have a medical condition
- ✓ Not for those allergic to ingredients
- ✓ This product is not intended to diagnose, treat, cure, or prevent any disease

Not for those with severe allergies to ingredients

Discontinue if adverse reactions occur

#LungDetox #QuitSmokingJourney #NaturalHealing

SMOKERS LUNG DETOX TEA

Helps clear phlegm & toxins

- ✓ Supports lung detox & repair
- ✓ Promotes easier breathing
- ✓ Soothes the respiratory system

[Read More](#)

SKU: N/A

Price: R170,00



ETHANOL ALCOHOL 96% FOOD GRADE 1 LITRE

Food-grade **96% ethanol** (also called neutral alcohol) is a very versatile ingredient used in food, cosmetics, herbal medicine, and cleaning.

[Read More](#)

SKU: N/A

Price: R780,00



PEPPERMINT LEAVES 60G POWDERED

Peppermint leaves are a refreshing, aromatic herb widely used in herbal medicine, skincare, and culinary recipes. They are rich in menthol, antioxidants, and essential oils that support both health and wellness.

[Read More](#)

SKU: N/A

Price: R80,00



KELP POWDER 100G

□ What is Kelp Powder?

Kelp powder is made from dried and finely ground brown seaweed. It is naturally rich in iodine, minerals, vitamins, and antioxidants, making it a powerful supplement for both health and skincare.

[Read More](#)

SKU: N/A

Price: R60,00



GINGER POWDER 100G

Ginger Powder (100g) is a warming, versatile natural remedy known for supporting digestion, boosting immunity, and reducing inflammation. It can be enjoyed as a soothing tea, added to food, or used in simple wellness and skincare recipes for its invigorating and healing properties.

[Read More](#)

SKU: N/A

Price: R50,00



LUNGWORT HERB CUT 60G POWDER

What is Lungwort?

Lungwort (scientific name *Pulmonaria officinalis*) is a traditional medicinal herb used for centuries, especially for **lung and respiratory health**. Its name comes from the Latin *pulmo* (lungs), reflecting its historical use for chest conditions.

[Read More](#)

SKU: N/A

Price: R150,00



LOBELIA 75G POWDER

Lobelia (*Lobelia inflata*), also known as *Indian Tobacco*, is a powerful traditional herb used mainly for **respiratory support, muscle relaxation, and detoxification**. It contains an active compound called *lobeline*, which affects the nervous system and breathing.

[Read More](#)

SKU: N/A

Price: R150,00

LIQUORICE ROOT CUT 100G POWDER

Liquorice root comes from the plant *Glycyrrhiza glabra* and has been used for centuries in herbal medicine, skincare, and natural remedies. It has a naturally sweet taste and powerful soothing properties.

[Read More](#)

SKU: N/A

Price: R101,00

Liquorice Root (Cut)
100 BENEFITS & USES

Key Benefits

- Respiratory Support: Coughs & Sore Throat
- Digestive Health: Indigestion & Ulcers
- Skin Benefits: Brightens Skin
- Immune Boosting: Antiviral Support
- Hormonal Support: Balances Hormones
- Anti-Inflammatory: Reduces Inflammation

How to Use

- Herbal Tea: 1-2 Cups Daily
- Skincare Infusion: Brightening Creams
- Powder / Capsules: Herbal Supplements
- Bath Soak: Soothing Baths

Active Compounds

- Glycyrrhizin
- Flavonoids
- Saponins

Important Precautions!

- No During Pregnancy
- High Blood Pressure
- Kidney / Heart Issues

Pro Tips for Skincare.

- Brightening Face Creams
- Herbal Facial Steams
- Glow Serums

#LiquoriceRoot #HerbalHealing #NaturalSkincare #FunWithSoap

ELECAMPANE ROOT (CUT) 75G POWDER

Elecampane root is a traditional herbal remedy known for its strong support of the **respiratory system** and **digestive health**. It has been used for centuries in herbal medicine across Europe and Asia.

[Read More](#)

SKU: N/A

Price: R80,00

Elecampane Root (Cut)
Also known as "ELFWORT"
Inula helenium

Herbal Support for Lungs & Digestion

- Respiratory Health
- Digestive Aid
- Antimicrobial
- Immune Support

Clears Mucus • Eases Coughs
• Fights Infections

Herbal Recipe: ELECAMPANE ROOT TEA

1 tsp dried root + 1 cup Water - Simmer 10-15 min • Strain & Enjoy!

Fun Fact
Once called "ELFWORT," believed to have magical healing powers!

Fun With Soap

#HerbalRemedy #NaturalHealing #FunWithSoap



MULLEIN LEAVES 75G

KEY BENEFITS

1. Respiratory Support (Lung Herb)

- Helps clear mucus from lungs
- Soothes coughs, bronchitis, asthma, and colds
- Acts as an **expectorant** (helps you cough up phlegm)

☐ Often called a “lung tonic”

[Read More](#)

SKU: N/A

Price: R66,00

-54%



HERBAY SINUS & ALLERGY 100ML

Contents:

50% Medicinal Ethanol, Plantain, Thyme, Elecampane, Golden Seal, Eyebright.

Adult Dosage: 20-30 drops in a little water drink 3x daily.

Child Dosage: 10-20 drops in a little water drink 3 x daily.
Shake well before use.

Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY LUNG SUPPORT 100ML

May assist in repairing damage to the alveoli (air sacs) in the lungs. The alveoli are needed to hold oxygen and transfer it into the blood. This formula is indicated as an adjunct for lung conditions such as:

- Asthma
- TB
- Emphysema
- Bronchitis
- Helps to expel mucus from the lungs

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY LIVER SUPPORT 100ML

Contents:

50% Medicinal Ethanol, Milk Thistle, Dandelion.

Adult Dosage: 20 - 30 drops in a little water, drink 2 - 3 x daily.

Child Dosage: 10 - 20 drops in a little water, drink 2 - 3 x daily.

Shake well before use. Keep out of reach of children. Store below 30 °C.
Not to be taken during pregnancy.

No artificial preservatives or flavourings.

No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY KIDNEY AND GALL STONES 100ML

Contents:

Medicinal Ethanol, Armoracia rusticana, Eupatorium purpureum, Taraxacum officinale, Peumus boldo, Sweden Bitters.

Adult Dosage: 20-30 drops in half a glass of water drink 2-4 x daily

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.X

Default Title ▼

Quantity

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY SENSUALIZE (FEMALE) 100ML

Balancing hormones is paramount in overcoming and easing mental blockages so as to increase sexual pleasure. Improving the circulation and oxygenation of blood to the extremities of the body may heighten the pleasure sensation.

Contents: 50% Medicinal Ethanol, Tribulis Terrestris, Eleutherococcus senticosus, Angelica sinensis, Ginkgo biloba.

Adult Dosage: 20-30 drops in a little water 2- 4 x daily.

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HERBAY TINCTURE 100ML -INVIGORATE

Helps to boost testosterone levels so as to improve a man's sexual desire and performance. Can be used in conjunction with Herbay Circulation Capsules. Increasing blood flow to the pinnacle by improving blood circulation allows for a more pleasurable experience.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



STRESSLESS 100ML

Used to reduce the negative impact that stress has on the body and improves overall mood. Calming the system helps you to focus on the now so as to reduce feelings of anxiety.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



MEMORY & CONCENTRATION 100ML

This formulation is designed to improve our ability to concentrate and retain information. Improves blood circulation and helps the transfer of messages from nerve cell to another. This allows for clearer thinking and better memory recall over the long term.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



HAEMORRHOIDS 100ML

Assists in relieving pain and discomfort associated with piles/ Haemorrhoid's. Strengthens and repairs the damaged veins and shrinks the size of the Haemorrhoid/s. Other related problems such as varicose veins, high blood pressure, hardening of the arteries and asthma may also be the under-lying cause. Treat accordingly. Use in conjunction with Herbay Circulation Capsules and Cleansing Capsules to maintain a regular bowel movement.

Contents:

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



LOW BLOOD PRESSURE TREATMENT 100ML

improves circulation and strengthens the heart. Eases feelings of dizziness and poor balance due to poor circulation in combination with anaemia and hypo-glycaemia

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



DIABETES SUPPORT 100ML

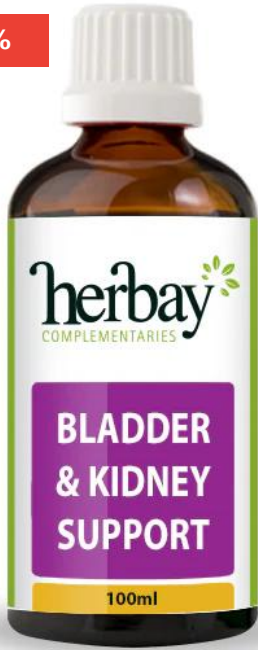
The Diabetes Support helps to ensure that the pancreas is producing the correct amount of insulin when needed AS well as enable the receptors on the cells to use the insulin that is being produced. This formula can therefore be used by anyone with elevated sugar levels as well as insulin resistance. Best results are obtained when used in conjunction with Herbay Circulation Capsules.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



BLADDER AND KIDNEY SUPPORT 100ML

May assist with treating and preventing infections (cystitis), small stones, burning urination so as to reduce backache and swollen ankles.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00

-54%



CANDIDA 100ML

Used to fight fungal infections (Candida). Symptoms of candida are abdominal discomfort (windiness & bloatedness), fatigue, skin infections, thrush, eczema, psoriasis, dandruff, athlete's foot, headaches, dizziness and a compromised immune system.

[Read More](#)

SKU: N/A

Price: R175,00 R80,00



NATURAL ORGANICS RANGE



PARSLEY LEAVES CUT 75G POWDERED

Parsley isn't just a garnish—it's a powerful herb packed with nutrients and healing properties. Whether used in teas, skincare, or cooking, **cut parsley leaves** offer a wide range of benefits.

[Read More](#)

SKU: N/A

Price: R36,00



OTHER



GOLF BALL SANDALWOOD SOAPS (PACK OF 6) GIFTED CELLO BAG

Pure glycerine fragranced soap golf balls. Perfect for gifting.

[Read More](#)

SKU: N/A

Price: R60,00



SCENTS OF HUMOUR



THE HONEY OAT MILK BAR

Ingredients

Glycerin, Aqua, Sodium Stearate, Sodium Laurate, Sorbitol, Fragrance Oil, Argania Spinosa Kernel Oil, Honey (Mel), Avena Sativa (Oat), Mica

Safety & Care Instructions

For external use only. Avoid contact with eyes.

Discontinue use if irritation occurs.

Keep out of reach of little hands and curious paws. ☐

Store in a cool, dry place.

Handmade with care by Scents of Humour

Where laughter meets self-care.

[Read More](#)

SKU: N/A

Price: R65,00

SCRAPBOOKING



TEXTURED CARDSTOCK 12X12 - BUBBLES/BUBBLY (216GSM, 10 SHEETS)

Premium Textured Cardstock in a beautiful Bubbly Mint shade. Perfect for scrapbooking, card making, invitations, paper flowers, Cricut projects, and DIY crafts. Includes 10 durable 12x12 inch textured sheets ideal for cutting, embossing, layering, and creative paper crafting.

[Read More](#)

SKU: N/A

Price: R68,00



TEXTURED CARDSTOCK 12X12 - GRANITE/SLATE (216GSM, 10 SHEETS)

Premium Textured Slate Cardstock 12x12in is perfect for scrapbooking, card making, invitations, die-cutting, and DIY paper crafts. Features a stylish textured finish with durable quality for professional crafting results. Pack includes 10 sheets.

[Read More](#)

SKU: N/A

Price: R68,00



ULT200101 SLATE



ULT200100 SATIN

TEXTURED CARDSTOCK 12X12 - NICKEL/SATIN (216GSM, 10 SHEETS)

Premium Satin Textured Cardstock 12x12 Inch pack with 10 high-quality sheets perfect for scrapbooking, card making, invitations, paper flowers, DIY décor, and craft projects. Durable, elegant, and compatible with most cutting machines and die-cutting tools.

[Read More](#)

SKU: N/A

Price: R68,00



SWISS DOTS CARDSTOCK PACK - 4 COLOURS X 5 EACH (20 SHEETS)

Elegant embossed Swiss Dots Cardstock Pad featuring 4 assorted colours with a premium textured finish. This 12x12 inch, 216gsm acid-free cardstock is perfect for scrapbooking, card making, journaling, invitations, and creative paper craft projects.

[Read More](#)

SKU: N/A

Price: R190,00



ULT200107 BABY PINK

TEXTURED CARDSTOCK 12X12 - BABY PINK (216GSM, 10 SHEETS)

Soft and elegant Baby Pink Premium Textured Cardstock perfect for scrapbooking, invitations, card making, paper flowers, DIY décor, and creative crafting projects. Includes 10 high-quality 12x12 inch textured sheets.

[Read More](#)

SKU: N/A

Price: R68,00



ULT200106 GRASS GREEN

TEXTURED CARDSTOCK 12X12 - GRASS GREEN (216GSM, 10 SHEETS)

Premium Grass Green Textured Cardstock perfect for scrapbooking, card making, invitations, DIY crafts, paper flowers, and cutting machine projects. Strong, durable, and beautifully textured for professional-looking creations. Includes 10 sheets of 12x12 inch cardstock.

[Read More](#)

SKU: N/A

Price: R68,00



ULT200105 LILAC
Premium 216gsm textured cardstock in a soft lilac shade. Perfect for scrapbooking, card making, paper crafts, and more. Acid & lignin free. Suitable for printing and die cutting.

TEXTURED CARD STOCK LILAC

Premium lilac textured cardstock perfect for scrapbooking, card making, invitations, die cutting and DIY crafts. High-quality 216gsm cardstock with a professional textured finish. Acid and lignin free.

[Read More](#)

SKU: N/A

Price: R68,00

bussbee

Bright Ideas Start with Great Paper

Our **Textured Cardstock** is perfect for projects, presentations, and everyday creativity.

- Vibrant Colors**
Make every project pop
- Heavyweight Quality**
Sturdy, durable, and long-lasting
- Perfect for Any Project**
Crafts, school, DIY, decor, and more
- Acid-Free & Archival Safe**
Preserve your memories for years to come

Shop now at [Bussbee.com](https://www.bussbee.com) | Quality Supplies. Creative Results.

CARDSTOCK TEXTURED BUNDLE

Shop premium textured cardstock at Bussbee! Heavyweight, vibrant colours, acid-free quality perfect for crafts, school projects, scrapbooking, invitations and DIY creations.

[Read More](#)

SKU: N/A

Price: R680,00

Cardstock
Textured Cardstock

extreme VALUE

Cardstock | Carton | Cartulina
Heavy Weight | Papel de Cartón | De Peso Pesado
(85 lb cover) (85 lb couverture) (85 lb couverture) (108 gsm)

12x17 | 30.48x30.48 cm
Textured, Solid Color | Cartón Sólido | 17 Textura | Cartón Sólido | Texturado

Acid Free | Sans Acide | Libre De Acido
Archival Safe | Longue Conservation | Longue Prés. Archiver

100 sheets per pack | 10 sheets per pack | 10 sheets per pack | 4 sheets per pack

Includes: 10 Black, 10 White, and 4 sheets each of Red, Blue, Green, Yellow, Light Blue, Silver, Gold, Maroon and Gray.



TINCTURES



ETHANOL ALCOHOL FOOD GRADE 100ML 96%

Ethanol 96% (also called food-grade alcohol or ethyl alcohol) is a highly versatile ingredient used in food, herbal, cosmetic, and cleaning applications.

[Read More](#)

SKU: N/A

Price: R80,00

-59%



ANTI-PARASITIC 100ML

Contents:

50% Medicinal Ethanol, Artemisia annua, Juglaris Nigra, Eugenia aromatica, Thuja Occidentalis, Psidium guajava.

Adult Dosage: 30 drops in a little water drink 3 x daily for 2 weeks

10-15 years old Dosage: 20 drops in a little water drink- 3 x daily for 2 weeks

3-9 years old Dosage: 10 drops in a little water drink- 3 x daily for 2 weeks

Pets: Contact our call centre for dosages for different types of animals.

Shake well before use. Keep out of reach of children. Store below 30°C. Not to be taken during pregnancy. No artificial preservatives or flavourings. No known contra-indications.

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

[Read More](#)

SKU: N/A

Price: R195,00 R80,00



WELLNESS

Aloe Ferox Crystals
USES & BENEFITS

Powerful Crystals from the South African Aloe Ferox Plant

- Natural Detox**
Cleanses & Removes Toxins
- Relieves Constipation**
Strong Laxative Effect
- Digestive Support**
Improves Gut Health
- Antimicrobial**
Fights Harmful Bacteria

— Also Used For Skin Care —
Diluted for Acne, Wounds & Infections

USE WITH CAUTION!

- ✓ Very Potent – Only Tiny Dose Needed
- ✓ Not for Pregnant or Sensitive Individuals
- ✓ Avoid Long-Term Use

Herbal Power!

ALOE FEROX CRYSTALS 75G (BITTER CAPE ALOE)

□ What are Aloe Ferox Crystals?

Aloe ferox crystals are derived from the dried sap of the Aloe ferox plant, native to South Africa. They are very concentrated and potent, especially known for their strong cleansing and detoxifying properties.

[Read More](#)

SKU: N/A

Price: R60,00



AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



TAI CHI PROGRAMME FOR BEGINNERS

□ BEGINNER TAI CHI ROUTINE PROGRAMME

Discover the power of gentle movement, deep breathing, and inner calm with our **Beginner Tai Chi Routine Programme**—designed especially for those starting their wellness journey.

[Read More](#)

SKU: N/A

Price: R90,00

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My Escentia



Address:
24 Armada Avenue
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