

My Escentia



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DRIED HERBS

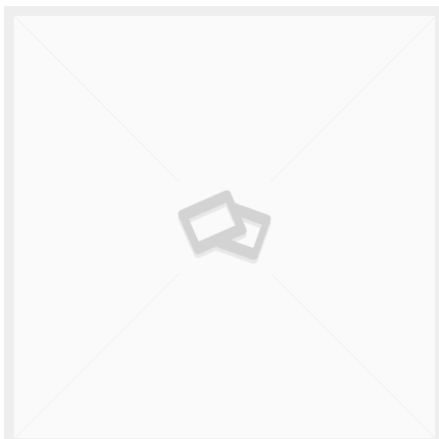
ALLSPICE BERRIES (PIMENTA DIOICA) 1KG

Allspice berries come from the plant *Pimenta dioica* and are called “allspice” because their flavor resembles a blend of cinnamon, cloves, and nutmeg. But beyond the kitchen, they’re powerful for wellness and natural formulations.

[Read More](#)

SKU: N/A

Price: R480,00



ALLSPICE BERRIES
(PIMENTA DIOICA)

USES & BENEFITS

Allspice berries have a warm, aromatic flavor that's a blend of cinnamon, cloves, and nutmeg.

- DIGESTIVE SUPPORT**
Helps relieve bloating, gas, indigestion and soothes stomach cramps.
- ANTI-INFLAMMATORY & PAIN RELIEF**
Contains eugenol which helps reduce inflammation, muscle aches and joint pain.
- ORAL HEALTH**
Natural antiseptic properties help relieve toothache and freshen breath.
- IMMUNE BOOSTING**
Rich in antioxidants that help strengthen immunity and fight free radicals.
- SKIN BENEFITS**
Antibacterial and stimulating properties help improve acne-prone skin and promote healthy glow.

100% NATURAL
PURE & PREMIUM QUALITY

USES

- HERBAL TEA**
Hot brewed berries to support digestion, cold and overall wellness.
- CULINARY USE**
Perfect for spice blends, soups, marinades, baking and festive recipes.
- MASSAGE OILS**
Infuse in carrier oils for warming and soothing pain relief blends.
- DY SKINCARE**
Add to tonics, soaps and skin care products for cleaning benefits.
- STEAM INHALATION**
Use in hot steam to help clear congestion and promote breathing.

PRECAUTIONS

- Use in moderation. Eat in moderation.
- Avoid high concentrations on sensitive skin.
- Not recommended during pregnancy in medicinal amounts.
- Always dilute before topical use.

A VERSATILE HERB FOR HEALTH, WELLNESS, BEAUTY & NATURAL LIVING.



ALOE GROUND BITTER (CAPE ALOE)

NATURE'S POWERFUL HEALER & DETOXIFIER

Made from Aloe ferox, a potent succulent native to South Africa, traditionally used for centuries for health and wellness.

KEY BENEFITS

- 1. POWERFUL NATURAL DETOXIFIER**
Traditionally used to support digestion and cleanse the digestive system. Helps stimulate bowel movement (strong natural laxative).
- 2. SUPPORTS DIGESTIVE HEALTH**
Encourages healthy gut function and can assist with occasional constipation relief.
- 3. SKIN HEALING & REPAIR**
Known for soothing irritated or inflamed skin. Helps with minor wounds, dryness, and skin conditions.
- 4. ANTI-INFLAMMATORY PROPERTIES**
Helps calm redness, swelling, and irritation.
- 5. ANTIMICROBIAL ACTION**
Supports protection against bacteria and infections.

USES

INTERNAL USE (Use with caution)

- Taken in very small doses as a natural laxative.
- Used in traditional medicine for detox and digestion.

IMPORTANT: Very potent—should not be overused.

TOPICAL USE (More common in DIY products)

- Added to soaps for cleansing and skin benefits.
- Used in creams and ointments for soothing skin.
- Can be included in herbal treatments for problem skin.

FROM THE ALOE FEROX PLANT

IMPORTANT PRECAUTIONS

- Extremely strong—overuse can cause cramping.
- Not recommended for pregnant women.
- Avoid long-term internal use.
- Always dilute for topical applications.

PERFECT FOR:

- Herbal remedy formulations
- Natural skincare products
- Detox and wellness blends

USE WISELY RESPECT NATURE'S STRENGTH

PURE. POTENT. TRADITIONAL. FOR HEALTH, WELLNESS & NATURAL LIVING.

ALOE GROUND 1KG

Premium Aloe Ground Bitter from Aloe ferox, known for its detoxifying and skin-soothing properties. Perfect for natural skincare, soap making, and herbal use.

[Read More](#)

SKU: N/A

Price: R790,00



Agrimony Herb

— Uses & Benefits —
(Agrimonia eupatoria)

Natural Healing Herb for Digestive, Liver & Skin Health

Digestive Support

- Relieves Bloating & Indigestion
- Soothes Stomach Lining

Liver & Detox Support

- Supports Liver Function
- Aids Detoxification

Anti-Inflammatory & Pain Relief

- Reduces Inflammation
- Eases Sore Throat & Aches

Oral & Throat Health

- Helps with Sore Throats
- Mouth Ulcers & Gum Health

Skin Healing & Care

- Helps Acne & Eczema
- Heals Minor Wounds

Mild Relaxant

- Calms Anxiety & Tension
- Supports Better Sleep

How to Use

Tea — Steep & Drink

Skin Rinse — Wash or Gargle

Caution

- Avoid in Pregnancy
- Limit Excessive Use
- Check Medications

AGRIMONY HERB CUT 75G (AGRIMONIA EUPATORIA)

Agrimony (*Agrimonia eupatoria*) is a traditional medicinal herb known for its gentle yet powerful healing properties—especially for digestion, liver support, and skin health.

[Read More](#)

SKU: N/A

Price: R70,00



AFRICAN POTATO 100G (HYPOXIS ROOPER /HEMEROCALLIDEA)

The **African Potato** (*Hypoxis hemerocallidea*) is a powerful traditional medicinal plant widely used in Southern Africa. It's especially valued for supporting the immune system and overall wellness.

[Read More](#)

SKU: N/A

Price: R68,00

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My Escentia



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